

Kathy Cao, MD, MEd, FRCSC



Dr. Kathy Cao first received her Bachelor's degree with distinction in Biochemistry from Queen's University in 2002. She then graduated with her medical degree from the University of Toronto in 2006, and completed her residency training in Ophthalmology within the Department of Ophthalmology and Vision Sciences in 2011. She also completed her Master of Education at the University of Toronto in 2015.

During her residency training, Dr. Cao was the recipient of several honors, including the Kensington Eye Institute resident award for earning the top performance in cataract surgery, and the ASCRS Foundation Resident Excellence award.

Dr. Cao is a comprehensive ophthalmologist with extensive surgical experience providing culturally-sensitive, state-of-the-art, patient and family-centred care in the Greater Toronto Area at North Toronto Eye Care, KEI, Mount Sinai Hospital, North York General Hospital, and Humber River Hospital. Dr. Cao performs many surgeries both cataract, pterygium and minor lid surgeries. She uses the latest technology and techniques to ensure the best results for every patient. She treats glaucoma, retina and cataract patients. Dr. Cao is trained in manual and Femto Laser assisted cataract surgery.

Dr. Cao also has a passion for medical education. She holds a Masters in Education degree and teaches medical students, family physicians, emergency physicians, ophthalmologists and other healthcare professions locally, nationally and internationally. She holds a number of academic roles including associate Director of Undergraduate Medical Education at the University of Toronto and Medical Education Section Editor for the Canadian Journal of Ophthalmology.

In addition to her passion for ophthalmological surgery and medical education, Dr. Cao is devoted to community service with the goal of preventing blindness. She volunteers with several non-profit organizations including Orbis and Yee Hong Centre for Geriatric Care, and provides public education on eye health through radio and TV interviews. She is currently leading a multilingual eye health patient education video project providing public education on multiple eye diseases in the top 10 languages most commonly spoken in Canada.