



TOP 10 MYTHS OF FITTING SOFT CONTACT LENSES

Clinical and Experimental Optometry Paper
Offers Evidence to Dispel Misconceptions



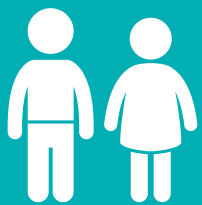
MYTH: INCREASING OXYGEN TRANSMISSIBILITY IMPROVES LENS COMFORT

MYTH: HYDROGELS SHOULD NO LONGER BE FITTED



MYTH: PATIENTS WILL BE MORE SUCCESSFUL WEARING CONTACT LENS MATERIALS THAT DEMONSTRATE LOW LEVELS OF DEPOSITION

MYTH: WHEN A PATIENT REPORTS DISCOMFORT, THE FIRST—AND MOST APPROPRIATE—OPTION IS TO CHANGE THE LENS



MYTH: YOUNG CHILDREN ARE LESS SUCCESSFUL WITH CONTACT LENSES

MYTH: MULTIFOCAL FITTING IS NOT SUCCESSFUL



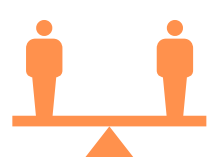
MYTH: WEARER NON-COMPLIANCE CAN MAKE CONTACT LENS WEAR JUST TOO RISKY

MYTH: PATIENTS WITH LOW ASTIGMATISM DO FINE WITH SPHERICAL LENSES



MYTH: FOCUSING ON GROWING MY CONTACT LENS BUSINESS IS TOO TIME-CONSUMING

MYTH: MY CONTACT LENS BUSINESS WILL NOT GROW BECAUSE AS MANY PATIENTS AS I FIT END UP DROPPING OUT



Walsh K, Jones L, Moody K. Addressing common myths and misconceptions in soft contact lens practice, *Clinical and Experimental Optometry*. 2021. DOI: [10.1080/08164622.2021.2003693](https://doi.org/10.1080/08164622.2021.2003693)