



CORE Publishes Guidance to Increase Multifocal Contact Lens Fitting Success, Visual Performance, and Patient Satisfaction

Issue 69 of Contact Lens Update Now Available

WATERLOO, ONTARIO, January 4, 2023—Aiming to further accelerate the growth of multifocal contact lens prescribing, the [Centre for Ocular Research & Education \(CORE\)](#) has published guidance from three experts to help eye care professionals embrace the trend.

Issue 69 of [Contact Lens Update](#) is dedicated to evidence-based perspectives on multifocal fitting, visual performance, and patient satisfaction. It also includes a new patient-facing communication tool for in office and online use by practices. The latest edition and all past issues are available for free at [ContactLensUpdate.com](#).

“A deeper understanding of multifocal contact lens advancements improves confidence among eye care professionals. In turn, that allows them to deliver better care for their presbyopic patients,” said CORE Head of Clinical Research Jill Woods. “This issue of *Contact Lens Update* demonstrates that with the right approach, consistent success is achievable.”

Marc Schulze, CORE Senior Clinical Scientist, authors the [opening editorial](#). He shares clinical pearls that will help practitioners maximize their fitting success, such as using online tools and the appropriate fitting guides for specific lenses.

The [feature article](#) from Jennifer Fogt, Associate Clinical Professor at the Ohio State University College of Optometry, discusses the results of her study examining a comparison of the visual performance between multifocal contact lenses and progressive addition spectacles. The study found that multifocal contact lenses provide functional vision performance equal to progressive addition spectacle wear.

Sarah Guthrie, CORE Senior Research Scientist, shares insights from her [poster](#) first presented at the American Academy of Optometry annual meeting. This study explored the correlation between vision and satisfaction with multifocal contact lenses, linking that to the desire to continue wear.

Included in this issue is a CORE-produced [patient facing handout](#) that clearly and succinctly presents the benefits of multifocal contact lenses. This no cost resource can be used in the exam lane, for patient follow-up communications, as well as on practice websites and social media accounts.

Published six times per year, [Contact Lens Update](#) provides a global platform for unbiased clinical insights based in current research. Since 2011, each issue has provided dependable and up-to-date ocular health information for more than 60,000 leading eye care professionals.

In addition to a complete [archive of back issues](#), ContactLensUpdate.com offers a [resource library](#) that provides no-cost professional tools, patient resources, images and video. It also houses [complimentary technical training videos](#) produced by International Association of Contact Lens Educators, plus an industry glossary. Industry professionals can access the latest issue directly from [ContactLensUpdate.com](#) or [quickly sign up for email receipt](#) of future issues.

The publication receives support from the educational arms of [Alcon](#), [CooperVision](#), and [Johnson & Johnson Vision](#).

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About the Centre for Ocular Research & Education (CORE)

The [Centre for Ocular Research & Education \(CORE\)](#) was established in 1988 at the University of Waterloo's [School of Optometry & Vision Science](#). Over the next three decades, the organization evolved from a three-person operation into a thriving hub of basic and applied research, collaborating with sponsors, agencies and academia on advanced biosciences, clinical research and education. Its uncompromising independence and results of the highest quality have been at the heart of many of the most prominent advances in eye health. Today, its approximately [50-person team](#) serves a range of ophthalmic sectors, including medical devices, ocular pharmaceuticals, digital technology and others, with a focus on the anterior segment. For more information, please visit core.uwaterloo.ca.



Clockwise from Top Left: CORE Senior Clinical Scientist Marc Schulze, Ohio State Associate Clinical Professor Jennifer Fogt, and CORE Senior Research Scientist Sarah Guthrie.

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