



CORE Publishes Guidance on Dry Eye Disease Treatment Procedures

Issue 70 of Contact Lens Update Now Available

WATERLOO, ONTARIO, March 8, 2023—Adding context to recent technological advances to combat dry eye disease, the [Centre for Ocular Research & Education \(CORE\)](#) has published a series of clinically-relevant perspectives from four international experts via Issue 70 of [Contact Lens Update](#).

The authors examine several in-office procedures, as well as a clinical case report that demonstrates their usefulness when treating contact lens discomfort caused by dry eye. The latest edition and all past issues are available for free at [ContactLensUpdate.com](#).

“With the ever-increasing burden of dry eye disease, eye care professionals must stay abreast of cutting-edge therapies available to their practices and patients,” said CORE Director Lyndon Jones. “This issue of *Contact Lens Update* arms clinicians with relevant information needed to adopt and successfully implement these technologies.”

Jennifer Craig, professor in Ophthalmology at the University of Auckland in New Zealand, authors the [opening editorial](#). She provides a comprehensive, evidence-based overview of the various technologies and instruments that are available for dry eye disease treatment.

The [feature article](#) from Leslie O’Dell, medical director for Optometry America, York, PA, discusses the results of a comprehensive review paper examining eyelid warming devices. The article outlines the evidence for the efficacy of these devices and their place in therapy.

Karl G. Stonecipher, medical director of Laser Defined Vision, professor of Ophthalmology at University of North Carolina and clinical adjunct professor of Ophthalmology at Tulane University, shares insights from his [poster](#) first presented at the American Society of Cataract and Refractive Surgery annual meeting. This study showed that the use of intense pulsed light or low-level light therapy was beneficial in patients with severe meibomian gland dysfunction who had failed treatment with topical and systemic medications.

Also included in this issue is a [clinical insight](#) by Selina McGee, owner of BeSpoke Vision and adjunct assistant professor at the Northeastern State University College of Optometry. This case report outlines the complete assessment and successful treatment of a patient experiencing contact lens discomfort due to dry eye disease.

Published six times per year, [Contact Lens Update](#) provides a global platform for unbiased clinical insights based in current research. Since 2011, each issue has provided

dependable and up-to-date ocular health information for more than 60,000 leading eye care professionals.

In addition to a complete [archive of back issues](#), ContactLensUpdate.com offers a [resource library](#) that provides no-cost professional tools, patient resources, images and video. It also houses [complimentary technical training videos](#) produced by International Association of Contact Lens Educators, plus an industry glossary. Industry professionals can access the latest issue directly from [ContactLensUpdate.com](#) or [quickly sign up for email receipt](#) of future issues.

The publication receives support from the educational arms of [Alcon](#), [CooperVision](#), and [Johnson & Johnson Vision](#).

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About the Centre for Ocular Research & Education (CORE)

The [Centre for Ocular Research & Education \(CORE\)](#) was established in 1988 at the University of Waterloo's [School of Optometry & Vision Science](#). Over the next three decades, the organization evolved from a three-person operation into a thriving hub of basic and applied research, collaborating with sponsors, agencies and academia on advanced biosciences, clinical research and education. Its uncompromising independence and results of the highest quality have been at the heart of many of the most prominent advances in eye health. Today, its approximately [50-person team](#) serves a range of ophthalmic sectors, including medical devices, ocular pharmaceuticals, digital technology and others, with a focus on the anterior segment. For more information, please visit [core.uwaterloo.ca](#).



Contact Lens Update #70 Authors (clockwise from top left): Jennifer Craig, Leslie O'Dell, Karl Stonecipher, and Selina McGee.

Contact Lens Update

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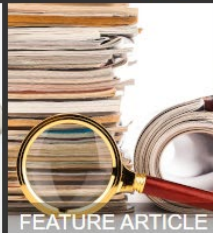
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