

Fighting Blindness Canada Recognizes World Glaucoma Week

TORONTO, March 6, 2023 - Fighting Blindness Canada (FBC) is marking World Glaucoma Week, March 12 – 18, 2023, with activities to raise awareness of glaucoma, the leading cause of preventable, irreversible blindness worldwide that impacts over 725,000 Canadians.

Glaucoma is a disease that damages the eye's optic nerve. It is usually caused when fluid builds up in the eye leading to increased eye pressure. The two most common types of glaucoma are open-angle, which is more prevalent and angle-closure, which can be acutely painful. Glaucoma can develop in one or both eyes, and there are often no symptoms.

"While there is no cure for glaucoma, early detection and treatment can help prevent damage to the optic nerve, which can prevent loss of sight," said Dr. Larissa Moniz, Director of Research and Mission Programs at Fighting Blindness Canada. "It is essential to have regular eye exams to monitor eye health and detect early signs of glaucoma."

Current treatments for glaucoma aim to control or reduce eye pressure and include drug therapies, laser or surgery. While treatment options exist for early stages of glaucoma, researchers are also working on approaches to reverse optic nerve damage, such as using stem cells to regenerate the optic nerve.

As part of World Glaucoma Week, Fighting Blindness Canada is inviting Canadians to participate in the following:

- Attend FBC's View Point webinar: "Innovative Glaucoma Treatments" on Wednesday April 12, 2023, 3 p.m. EDT with speaker Dr. Patrick Gooi from the University of Calgary
- Watch pre-recorded View Point webinars featuring leading glaucoma experts.
- Visit FBC's Glaucoma Resource Page and download the Glaucoma Tip Sheet to learn about glaucoma risk factors and early warning signs.
- Sign the petition to support Bill C-284 that calls for a National Eye Care Strategy; eensuring timely diagnosis and access to new treatments for people with glaucoma and other eye diseases.

To learn more about glaucoma and the work researchers are doing to improve outcomes for individuals with blinding eye diseases, visit FightingBlindness.ca.



About Fighting Blindness Canada:

Fighting Blindness Canada (FBC) is the largest charitable funder of vision research in Canada. Over our 49-year history, FBC has contributed over \$40 million in funding for the development of sight-saving treatments and cures for blinding eye diseases. Thanks to our supporters, FBC is helping drive forward research to understand why vision loss occurs, how it can be slowed, and how sight can be restored. To learn more, visit fightingblindness.ca.

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